# TRAINING AND CLASS SCHEDULE

## JoyceLemosAerialArtsDanceAcademy.com

Need more info?
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PRIVATE LESSONS

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Time |
|---|---|---|---|---|---|---|---|---|
| 11:00 AM | | | | | | | | 11:00 AM |
| 12:00 PM | | | | | | | | 12:00 PM |
| 1:00 PM | | | | | | | | 1:00 PM |
| 2:00 PM | | | | | | | | 2:00 PM |
| 3:00 PM | | | | | | | | 3:00 PM |
| 4:00 PM | | Aerial Silks & Aerial Hoop Minis (6-10yo) | Aerial Hoop (10-17yo) | Aerial Silks & Aerial Hoop Minis (6-10yo) | | | | 4:00 PM |
| 5:00 PM | Aerial Silks (10-17yo) | Aerial Hoop (10-17yo) | Aerial Silks (10-17yo) | Aerial Silks & Aerial Hoop Minis (6-10yo) | Aerial Hoop (10-17yo) | | | 5:00 PM |
| 6:00 PM | Aerial Hoop (10-17yo) | Aerial Silks (10-17yo) | Aerial Hoop (10-17yo) | Aerial Silks (10-17yo) | Aerial Silks (10-17yo) | | | 6:00 PM |
| 7:00 PM | Aerial Silks (10-17yo) | Aerial Hoop Adult (18yo+) | Aerial Silks Adult (18yo+) | Aerial Silks (10-17yo) | | | | 7:00 PM |
| 8:00 PM | Aerial Silks Adult (18yo+) | Aerial Silks Adult (18yo+) | Aerial Hoop Adult (18yo+) | Aerial Silks Adult (18yo+) | | | | 8:00 PM |
| 9:00 PM | | | | | | | | 9:00 PM |